

A reset your people can feel. And use again and again.

When your team is tired, stress is running high and everyone needs a change of pace, give them something to look forward to.



FOR YOUR NEXT

- Team build
- Wellbeing day
- Conference
- Leadership session
- Year-end gathering
- Planning day

"Shareen got people laughing and connecting, including colleagues who were quiet at first. Afterwards, people were still talking about it and using what they'd learnt."

Lizelle Van Zyl, Sales Team Lead, Bidvest

17 years facilitating **50 000+** people trained **500+** organisations **TEDx** speaker **Amazon bestselling** author



Reconnect with each other

Make room for people to enjoy being together.



See things differently

Find another way to look at a difficult situation.



Choose how to respond

Practise pausing before the first reaction takes over.

Shaped around your people, your time slot and your event, in person or online. Everyone takes part at their own pace. Nobody has to be funny or share anything personal.

Planning something for your people?

Send me your date and group size, and let's explore what would work for your team.

Now taking enquiries for year-end and 2027 events

Check a date

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